

# SPA PRICE LIST



MOUNT  
*Grace*  
COUNTRY HOUSE & SPA

## INFORMATION

## TIME

## WEEKEND

## WEEK

### THALASSO THERAPY

HERBAL BATH	30 MIN	R 335.00	R 305.00
DETOXIFYING CELLULITE SEAWEED BATH	30 MIN	R 335.00	R 305.00
AROMATHERAPY MILK BATH	30 MIN	R 335.00	R 305.00

### MASSAGE

	30 MIN	R 285.00	R 260.00
	60 MIN	R 625.00	R 550.00
	90 MIN	R 745.00	R 660.00

### MASSAGE ENHANCERS

Add one of the following to your massage for a unique and intense treatment.

• SPECIALISED OIL		R 100.00	R 100.00
• WARM BASALT STONES		R 50.00	R 50.00
• CALABASH		R 50.00	R 50.00
• RUNGU		R 50.00	R 50.00

BACK, NECK AND SHOULDER MASSAGE	30 MIN OR 60 MIN		
SWEDISH MASSAGE	60 MIN OR 90 MIN		
INDIAN HEAD MASSAGE	30 MIN OR 60 MIN		
DEEP TISSUE MUSCLE MASSAGE	60 MIN		
AROMATHERAPY BODY MASSAGE	60 MIN OR 90 MIN		
HAWAIIAN MASSAGE	60 MIN OR 90 MIN		
HOT STONE THERAPY	60 MIN OR 90 MIN		
REFLEXOLOGY	30 MIN		

### SPA FACIAL TREATMENTS

INTRODUCTORY FACIAL	45 MIN	R 370.00	R 340.00
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### SKIN SPECIFIC FACIALS

RADIANCE RENEWAL	60 MIN	R 490.00	R 440.00
INTENSIVE MOISTURE	60 MIN	R 490.00	R 440.00

### ADVANCED PERFORMANCE FACIALS

CALMING OXYGENATING FACIAL	75 MIN	R 595.00	R 650.00
ANTI-STRESS FACIAL	75 MIN	R 595.00	R 650.00
CATIOVITAL	75 MIN	R 595.00	R 650.00
AROMATIC FACIAL TREATMENT	60 MIN	R 595.00	R 650.00

### ADVANCED ANTI-AGEING FACIALS

INTENSE REJUVENATING FACIAL	75 MIN	R 720.00	R 790.00
CATIOLIFT	60 MIN	R 595.00	R 650.00
CATIOVITAL LIFT	90 MIN	R 720.00	R 790.00
REFINING LIFTING FACIAL	120 MIN	R 955.00	R 1,100.00

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### FACIAL ENHANCERS

• REFLEXOLOGY		R 180.00	R 180.00
• LASH OR BROW TINT		R 55.00	R 55.00
• LIP HAIR REMOVAL		R 35.00	R 35.00
• BROW SHAPE		R 35.00	R 35.00
• ANTI-AGEING MASK		R 250.00	R 250.00
• SERUM BOOSTER		R 150.00	R 150.00
• COOLING LEG AND FOOT TREATMENT		R 120.00	R 120.00

### SPA BODY TREATMENTS

EXOTIC BODY PEELING	30 MIN	R 275.00	R 250.00
AROMATIC WELL-BEING TREATMENT	45 MIN	R 365.00	R 335.00

### BODY WRAPS

FIRMING & CELLULITE WRAP	60 MIN	R 600.00	R 565.00
NOURISHING BODY WRAP	60 MIN	R 600.00	R 565.00
AROMATHERAPY BODY WRAP	60 MIN	R 600.00	R 565.00
DETOXIFYING WRAP	60 MIN	R 600.00	R 565.00

### HANDS AND FEET THERAPY

SPA MANICURE	60 MIN	R 250.00	R 230.00
AROMATHERAPY MILK BATH MANICURE	60 MIN	R 295.00	R 270.00
PARAFFIN MANICURE	60 MIN	R 295.00	R 270.00
FRENCH MANICURE	60 MIN	R 285.00	R 260.00
SPA PEDICURE	60 MIN	R 295.00	R 270.00
PARAFFIN PEDICURE	60 MIN	R 350.00	R 320.00
FRENCH PEDICURE	60 MIN	R 305.00	R 280.00
HOT STONE PEDICURE	60 MIN	R 350.00	R 320.00
AROMATHERAPY MILK BATH PEDICURE	60 MIN	R 350.00	R 320.00
REVERNISH	15 MIN	R 75.00	R 70.00
NAIL REPAIR	15 MIN	R 40.00	R 35.00

### GROOMING TREATMENTS

#### TINTING

EYELASH	15 MIN	R 75.00	R 75.00
EYEBROW	15 MIN	R 65.00	R 65.00
LASH AND BROW	15 MIN	R 115.00	R 115.00

BROW SHAPING	15 MIN (PER)	R 45.00	R 45.00
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HAIR REMOVAL	15 MIN (PER)	R 60.00	R 60.00
BACK OR CHEST	30 MIN		
HALF LEG	30 MIN		
¾ LEG	45 MIN		
FULL LEG	60 MIN		
UPPER LEG	30 MIN		
BIKINI (STANDARD)	30 MIN		
BIKINI (BRAZILIAN)	45 MIN		
UNDERARM	15 MIN		
HALF ARM	15 MIN		
FULL ARM	30 MIN		
LIP OR BROW	15 MIN		

## PRE-NATAL TREATMENTS

PRE-NATAL BODY WRAP	60 MIN	R 600.00	R 565.00
NURTURING MASSAGE FOR MOTHER-TO-BE	30 MIN	R 325.00	R 285.00
	60 MIN	R 520.00	R 485.00

## MEN'S TREATMENT MENU

### FACIAL TREATMENTS

DEEP CLEANSING FACIAL	60 MIN	R 470.00	R 440.00
ANTI-AGEING FACIAL FOR MEN	75 MIN	R 695.00	R 650.00
REVITALIZING FACIAL	60 MIN	R 470.00	R 440.00
DETOXIFYING FACIAL	60 MIN	R 470.00	R 440.00

### FACIAL ENHANCERS

• REFLEXOLOGY		R 180.00	R 180.00
• ANTI-AGEING MASK		R 250.00	R 250.00
• SERUM BOOSTER		R 150.00	R 150.00
• COOLING LEG AND FOOT TREATMENT		R 120.00	R 120.00

### BODY TREATMENTS

DETOXIFYING BODY PEEL	30 MIN	R 250.00	R 225.00
RELAXING BODY PACK	60 MIN	R 390.00	R 350.00
ENERGIZING AND FIRMING BODY PACK	60 MIN	R 390.00	R 350.00
MALE HAND GROOMING	45 MIN	R 190.00	R 160.00
MALE FOOT GROOMING	60 MIN	R 265.00	R 240.00

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### MENS SPA PACKAGES

#### MUSCLE EASE

- DETOXIFYING BODY PEEL
- DEEP TISSUE MUSCLE MASSAGE

1 ½ HR

R 720.00

R 640.00

#### ANTI-STRESS

- HEAT PACK BACK TREATMENT
- PRESSURE POINT BACK MASSAGE
- REVITALIZING FACIAL

2 HR

R 680.00

R 630.00

## SPA PACKAGES

#### ALL IN AN HOUR

- SKIN-SPECIFIC FACIAL
- SPA MANICURE
- SPA PEDICURE

1 HR

R 900.00

R 850.00

#### MOUNT GRACE RETREAT

- THALASSO THERAPY
- EXOTIC BODY SALT GLOW
- INDIAN HEAD MASSAGE
- BACK, NECK AND SHOULDER MASSAGE

2 HR

R 1,100.00

R 1,050.00

#### KHANYA OF AFRICA

- MARACAS BODY EXFOLIATION
- MARACAS BODY MASSAGE
- MARACAS FACIAL

2 HR

R 930.00

R 880.00

#### SCENTAO OF ASIA

- SHIATSU HOT STONE MASSAGE
- DISCOVERY FACIAL

1 ½ HR

R 680.00

R 630.00

#### SHADIVA OF INDIA

- AYURVEDIC BODY EXFOLIATION
- AYURVEDIC MASSAGE
- AYURVEDIC FACIAL

2 HR

R 900.00

R 850.00

#### STRESS AWAY

- INTRODUCTORY FACIAL
- AROMATHERAPY BODY MASSAGE
- DE-STRESSING WRAP

3 HR

R 1,450.00

R 1,300.00

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### BIRTHDAY WISHES

- SKIN-SPECIFIC FACIAL
- SWEDISH BODY MASSAGE
- SPA MANICURE
- SPA PEDICURE

4 HR

R 1,450.00

R 1,300.00

### ULTIMATE SPA RITUAL

- ADVANCED PERFORMANCE FACIAL
- BODY WRAP OF YOUR CHOICE
- HAWAIIAN MASSAGE
- PARAFFIN MANICURE
- PARAFFIN PEDICURE

5 ½ HR

R 2,400.00

R 2,200.00

## SPA BOOKINGS

Pre-booking treatments is essential. Voucher details or full payment is required to secure your Spa booking. To make a booking please contact the Spa on +27 14 577 5600 or email [spa@mountgrace.co.za](mailto:spa@mountgrace.co.za). For further information please visit our website [www.mountgrace.co.za](http://www.mountgrace.co.za).

## HOURS OF OPERATION

The Spa is open 7 days a week, from 09h00 until 20h00.

## CANCELLATION POLICY

If you wish to change or cancel an appointment, please contact the Spa directly. Please note that as a courtesy to all our clients a prompt appointment schedule is adhered to. Late appointments will be completed in the allocated time, and the fee will remain unchanged. We would be grateful if resident guests would make any changes or cancellations at least 12 hours prior to the scheduled treatment time. We request that day guests observe a 48-hour treatment change or cancellation notice period. Group cancellations must give a minimum of 5 days notice prior to scheduled booking. Treatments cancelled after this time will incur a cancellation tariff of 100%.

PLEASE NOTE : PRICES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE AND IT IS COMPULSORY TO COMPLETE OUR SPA CONSULTATION FORMS WHICH WE WILL E-MAIL YOU AT THE TIME OF YOUR BOOKING. APPOINTMENTS WILL ONLY BE CONFIRMED ONCE A COMPLETED CONSULTATION FORM IS E-MAILED BACK TO US AND ON FILE.